(54) Title: SYSTEM, COMPUTER PROGRAM PRODUCT AND METHOD FOR RECORDING AND ANALYSING PERFORMANCE DATA
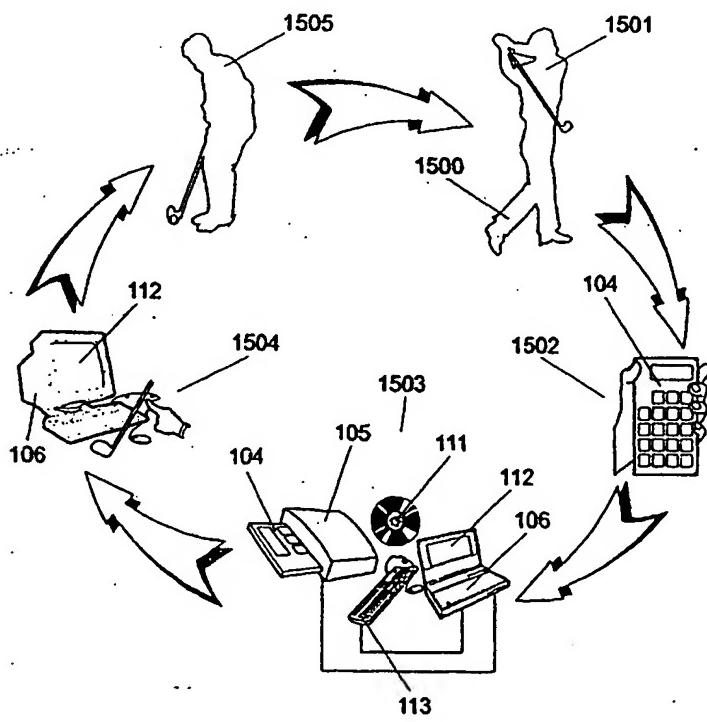
(57) Abstract: A system, a computer program product and a method for registration and analysis of data from a practised stage, and for generation of action programs in dependence of said data. Preferably, the system and the method are adapted for the analysis of the player properties of a sports practiser (1500) and for the generation of an action program in the form of a training model for the player, whereby the player will, while practising (1501) the sport, register (1502) player data (101) and result data (102) in a registration unit (104). In a parameter processing unit (106), a player characteristics profile, depending of said registered data, is generated (1503), regarding various parameters, such as shot type, number of shots per shot type, etc., as well as a comparison profile by means of which a current player characteristics profile for a player is compared with a normal profile for an average player. In dependence of the comparison profile, an action program is automatically selected and presented (1504), aiming at eliminating the deviations from the normal profile by suggesting appropriate training (1505).